THE ISLAND WAY

Your Path to Well-Being

RE-IMAGINE *possibilities*

Our wellness journeys honor you on your individual path to well-being, health, and happiness. We recognize there is no one-size-fits-all solution for everyone and curate personalized experiences that align with what matters most – your connection with yourself, with nature, others, and the world around you.

Step into the island way of being well. Set your intention and explore opportunities to re-imagine and experience what health and wellness look like for you.

DISCOVER WELL-BEING FOR LIFE

Love your life - Learn to thrive

A range of integrative wellness services has been blended into immersive mini-retreats to assist you to transform and optimize your health and well-being in the most relevant areas of your life.

Find personalized guidance, professional expertise to inspire your path to sustainable living.
Here we want to share our vision about what healthy and holistic living can do for you.

LETTING GO

A desire to pause, rest and unwind. Allow yourself to let go of tensions and stresses.

WELL-BEING

A desire to revive and find your state of inner peace and tranquility.

CONNECT

A desire to deeply connect with your spouse, family, or just with yourself and nature.

RE-VITALIZE

A desire to restore depleted energy, enliven your senses and feel energized and positive.

DUNIYESPA
AWAKEN BODY AND SOUL

HOW TO SPA

- Opening hours 10am to 8pm
- Kindly shower prior to treatment to remove sunscreen.
- To enjoy the full spa experience, please come to the spa 15 minutes prior to your appointment.
- Our cancellation policy is 6 hours; we regret that 50% charge will be made for treatments cancelled with less than 6 hours notice and 100% charge will apply for no-show.
- Packages offers are non-refundable, non-transferable and pre-booking is required.
- All prices in USD
- All prices inclusive 16% GST and 10% service charge

letting go

MUSCLE EASE MASSAGE

Invigorating deep tissue massage using Swedish massage techniques to wring away tension and stress, with the option of deeper pressure.

60 | 90 minutes

BALINESE MASSAGE

A gentle and calming massage using acupressure, skin rolling, and relaxing strokes to soothe, restore and calm the mind and body.

60 | 90 minutes

AROMATHERAPY MASSAGE

This hero treatment is more than just a massage. A personalized blend of massage oil tailored to your mood, feelings and physical needs to bring upon balance, peace and tranquillity to your body, mind & soul. Oils are formulated with natural plant extracts and flower oils to guarantee therapeutic benefits. Using gentle rhythmic strokes this massage promotes lymphatic drainage and healing.

60 | 90 minutes

ORIENTAL MASSAGE

A therapeutic blend of free-flowing massage techniques including Balinese, Thai, and Indian head massage to experience the release of muscle tension, greater movement, and renewed energy.

60 | 90 minutes

THAI MASSAGE

A unique oil-free technique wearing loose pajamas, aims to enhance your flexibility, energizes your body and eases muscle tensions. Let your therapist coax your body into traditional poses in this more energetic style of "yogic stretching", designed to improve stamina and posture. Just an hour plugged in for a total recharge.

60 | 90 minutes

REFLEXOLOGY

Treat your feet with whole-body benefits. Working on your foot reflex points to restore balance and support the body's own healing.

60 minutes

connect

FULL MOON MAGIC

An enchanting ritual to share with your loved one captivates all of your senses, alleviates any tensions, and connects you to the vital powers of nature's elements.

- Your choice of a full-body massage
- Freshly prepared body polish
- Indulgent Indian head and foot massage
- Tropical bath infusion
- Healing Earth Bio-Active Mini Facial
- Fruit platter complemented by champagne
- Spa gift for your spa experience at home

135 minutes | Couple

ROMANTIC RETREAT

Embrace this defining body ritual in a romance space with your loved one. After the signature foot ritual, a full- tailored body massage, designed to elevate your muscle relaxation and realign the body functions, followed by a nourishing pinotage or Ginger-Lemongrass body polish to smooth and improve the skin texture. Complete your journey with a deeply nourishing Indian head massage, fully enriched with Rosemary infused warmed coconut oil.

105 minutes | Couple

HIM & HER

Romantic Indulgence! Enjoy precious time together immersed with the aromas of pure essential oils and indulge in restoring and calming Balinese massage, followed by champagne to savor this treatment.

75 minutes | Couple

MALDIVIAN SERENITY RITUAL

Our bespoke top-to-toe Signature Ritual uses the essence of 100% pure organic coconut native to the Maldives. Experience profound and deep relaxation; enjoy smooth and hydrated skin and shiny, lustrous hair with the tropical scent of coconut.

- Freshly ground Coconut-Vanilla Body Polish
- Coconut hair mask combined with an Indian head massage using coconut oil infused with Rosemary.
- Tropical full body massage with 100% virgin coconut oil

120 minutes

re-vitalize

SKIN FIT – BIO ACTIVE FACIAL

Suitable for him & her; oxygenated skin, long-lasting deep hydrating facial that restores skin brilliance and radiance through highly concentrated pure organic serums tailored to your individual skin concerns. The facials are customized to your skin type to ensure visible results. Our skin therapist will advise the best treatment options for you.

60 minutes

SKIN FIT - VITA FIRMING FACIAL

Suitable for all skin types, but of particular benefit for mature, dry, or dehydrated skin. Improves skin elasticity, minimizing visibly fine lines and the onset signs of aging. With the use of Matrixyl™ & Cranberry in combination with tri-enzyme fruit acids, the skin is deeply exfoliated promoting the restructuring process of collagen and the vitamin boost to visibly revive the youthful and radiant appearance of your skin.

75 minutes

ESPRESSO & LIMÓN SLIMMING

DETOX & SLIM

Treat your body like a temple with this detoxifying and firming treatment. Guaranteed to leave your body looking sleek and smooth. Begins with dry body brushing to stimulate lymphatic drainage. Followed by a massage with Espresso Limón slimming oil formulated to deeply purify and tone. A luxurious treatment for a slim and toned body, and a clear mind.

75 minutes

LET GO & RECEIVE

3 CHOICES (GINGER, COCONUT, PINOTAGE)

Body and mind work in tandem. Exfoliate, remove toxins, perfect your skin's complexion with a choice of your preferred body polish and peel. Nurture yourself and your body with the goodness of nature for a nutrient-rich skin treat. Includes back massage, full-body exfoliation, and nourishing body lotion.

60 minutes

well-being

REIKI

A renowned Japanese technique for stress reduction and relaxation. Awakens the body's innate healing ability, by 'laying on hands' allowing life force energy to flow and release blockages. As a result, feel a deep sense of calm, peace & well-being.

60 minutes

SOUND BATH

A sound experience to slow down, rest, and receive healing vibrations while immersing into a soundscape of Singing Bowls.
Expect improved sleep, a balanced nervous system and deep relaxation.

60 minutes

LYMPHATIC DRAINAGE MASSAGE

Most popular and revolutionary techniques in recent times. Alleviate stress, accelerate healing and reduce inflammation pain while boosting your immunity. Manual lymph drainage (MLD) is applied in a rhythmic motion in the direction of the lymphatic flow, which enhances the elimination of toxins, reduces water retention, and increases blood circulation.

75 minutes

MINDFUL JOURNEY

Let us start with a heart centering ritual tapping into the feeling of joy. The harmonizing effects of a full-body massage evoke a sense of joy and bliss preparing you for the sound and energy experience that is to follow. A mindful tea ritual with Tumeric-Ginger infusion will leave you with some inspiration to take home.

90 minutes

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AWAKEN BODY AND SOUL

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& 10% service charge

letting go

SIGNATURE MASSAGE

A combination of Asian and Western techniques; Shiatsu, Swedish, Yogic stretching and Lomi Lomi that will unblock your stiffness, tensions and align your spine and muscles. Himalayan salt rock will increase the blood & lymphatic circulation including activate the Chi flow and deeply leaves you a sense of calm and relaxed.

60 | 90 minutes

MOTHER TO BE

Head to toe with 100% organic coconut oil, deeply hydrates and nurtures your stretching skin. This cocoon experience is combined with gentle techniques; long strokes, kneading the position of the mother to be. The position will be concerned the trimester of pregnancy and comfort, it improves the circulation, reduces water retention and promotes a better night's sleep.

60 | 90 minutes

ANTI STRESS NECK, BACK AND SHOULDER MASSAGE

A therapeutic, deeply relaxing massage focusing on the back and upper body area. Traditional heated herbs (poultices) are used for profound deep healing and release of muscle tension.

30 | 60 | 90 minutes

INDIAN HEAD & SCALP MASSAGE

TRADITIONAL RECIPE FOR SHINY HAIR

Warm, locally sourced, coconut oil with Rosemary infusion is massaged into the scalp and hair. This is followed by an Indian head, neck, and shoulder massage. Coconut oil is a natural conditioner and provokes new shine. Aids in protecting the hair from the sun and sea.

30 minutes

DE-STRESS – HAPPY FEET!

This is an invigorating, de-stressing treatment. Refresh and heal your feet and legs to restore lightness, improve circulation and reduce swelling and fatigue.

45 minutes

connect

OCEAN DREAMING

Our signature massage: wave-like movements and massage techniques from the oldest traditions around the world evoke a deeply relaxing and uplifting massage experience. Herbal poultices are used to evoke a warm, nutrient-rich relaxation to tense muscles. This massage works with the body's natural energy system to harmonize the energy flow. Utilizing our miracle African Potato body balm to revive your senses whilst enriching your skin with anti-oxidants and deep hydration.

90 minutes

HEAVEN ON EARTH

The ultimate face & body ritual: Unwind & de-stress with this heavenly combination. Drift away with a Balinese massage to stimulate the natural balance of body, mind, and soul. Enjoy our Healing Earth™ Glow & Radiance Facial, while the celestial sounds of Tibetan singing bowls deepen your relaxation. Rejuvenated, uplifted, and deeply relaxed you will walk on clouds after this blissful experience.

90 minutes

TROPICAL BREEZE COOLER

CONNECT WITH NATURE TO HEAL & REPAIR

Too much sun? Let the purest natural remedies cool, repair, and restore your skin. For your body cooling and healing Aloe wrap to restore and heal damaged skin. For your face hydra-boost skin care restores radiance and structure to the epidermis.

75 minutes

COCONUT HAIR CRÈAM BATH

A traditional hair treatment infused with the hydration of coconut leaves the hair silky and smooth. A perfect treat after a day in the sea. A warm blend of coconut oil is massaged into the scalp nourishing the hair, followed by a coconut hair mask. Perfectly completed with a neck-shoulder or feet massage and application of hydrating coconut or frangipani lotion. Expect soft, shiny hair with the tropical scent of coconut.

60 minutes

re-vitalize

GLOW FACIAL

A treat for your face with all the elements of a traditional facial, using our organic products. Short and sweet!

30 minutes

BEAUTY DISCOVERY

A various of pampering beauty services to keep your look always perfect! hairstyling, Make up, Nail treatment and Waxing. Truly essential!

Hair & Make-up Services
Shampoo & Blow Dry
Short Hair | Long Hair
Hair Styling
Bridal Make-up& Hair

DELUXE SPA MANICURE

Luxurious conditioning care for your hands with all elements of a traditional manicure to leave hands soft and smooth, and nails beautiful. Includes a nourishing hand-arm massage with African Potato to nourish the skin. Nail polish application is included if desired.

60 minutes

DELUXE SPA PEDICURE

Pamper your feet with an aromatic foot soak and scrub, followed by a traditional pedicure. Includes the removal of unwanted dry skin and callouses completed by a pampering foot massage.
Nail polish application included if desired.

60 minutes

well-being

ENHANCER - BEAUTIFUL EYES

Complete your facial with the new technology of EyeSlices™. Reduces puffiness, dark circles, redness, lines, and wrinkles, bringing luminosity to the eye area.

Add -On

HERBAL POULTICE

RELAX AND LOOSEN MUSCLE TENSION

Heat will generate the blood circulation and muscle relaxation. It would be easily to melt your knots, aches, stiffness and tension. Deeply relaxed!!

Add -On

GIFT VOUCHER

There always a possibility to share and give experience to your loved one, friends and family.

Please contact our spa reception.

LIFESTYLE HOMECARE & GIFT

Our botanical premium organic skincare will revive, purify and take your skin on a journey of total renewal.

Please contact our spa reception.

"At heart, it's about love, care, and compassion for yourself and the world around you.".

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